



## All-Fruit Smoothies



Prep  
10 m

Ready In  
10 m

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*Recipe By:* Mrs. O'Neill

"Quick, easy smoothies made entirely with fruit!"

### Ingredients

1 cup pineapple juice  
1 large banana, cut into chunks

1 cup frozen strawberries  
1 cup frozen blueberries

### Directions

- 1 Pour pineapple juice into a blender and add banana, strawberries, and blueberries. Cover and blend until smooth, about 1 minute. Pour into 2 glasses.

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